

Life Implies Death

Life Implies Death discusses the impact that depression has on one's self and provides insight to how people that are struggling with mental illness feel, emotionally and with the personal battles they are grappling with. Life Implies Death questions the issues that people with depression face, while showing the viewer unhealthy situations and ideas. Asking the viewer, have they struggled with mental health issues of their own? Do they themselves connect to the situation illustrated? What are healthy and unhealthy coping mechanisms that people have conflicting in their minds during times of hopelessness?

Depression is defined as "feelings of severe despondency and dejection." It effects how we feel and conduct life with these emotions of despair and misery ruling over us, how they are shown in day to day life. Depression clouds healthy judgement and creates illusions in which life seems hopeless and there is no other way out but pain and possibly even harming oneself.

Life Implies Death portrays the romanticized version of mental illness (specifically depression) that society has. These topics are a very serious matter, yet we see popular media and people presenting unrealistic ideas about mental illness and spreading information that is false and demeaning of the struggles that people with these illnesses face.

My generation has many issues fighting against us today and one of the most commonly seen is mental illness and how we cope with these feelings that throw us off our balance. I myself have struggled with it many a time and have seen people in my life struggle as well. Life Implies Death tells personal stories of individuals who are struggling with pain (whether it be mentally or physically hurtful) and the methods that we use to cope with pain. It explores the idea of covering emotional pain with physical pain and the thoughts of existence itself.

Heaven Weary