

# Athletic Training Program Information for International Students



**NAU** NORTHERN ARIZONA  
UNIVERSITY

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Athletic Training Program

## **Welcome message from our Program Director, Dr. Edgerton**

Welcome to the Master of Science in Athletic Training International Student handbook! We are fully committed to offering a diverse experience not only for our regular USA students – but for students across the globe. Northern Arizona University offers a top-notch International Student Office that is committed to assisting international student applicants through their application and enrollment processes.

Our MSAT program is housed in the College of Health and Human Services. We have student cohorts in both the Flagstaff and Phoenix areas. International students accepted into the 2-year program would be placed at the Flagstaff campus due to federal laws. We hope you find this handbook helpful in navigating the application, interview, and enrollment processes for the MSAT program at Northern Arizona University!

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## TABLE OF CONTENTS

	<u>Page</u>
INTRODUCTION . . . . .	4
COST OF STUDY . . . . .	4
APPLICATION . . . . .	5
FINANCE YOUR EDUCATION . . . . .	7
DEGREE PROGRESSION . . . . .	8
CLINICAL EDUCATION . . . . .	8

## INTRODUCTION

The Master of Science in Athletic Training (MSAT) Program at Northern Arizona University (NAU) is a professional athletic training education program accredited by Commission on Accreditation of Athletic Training Education (CAATE). Our MSAT program will provide you with the knowledge and skills to earn your master's degree and prepare you to be eligible to sit for the Board of Certification (BOC) Examination to become a certified athletic trainer. Certified athletic trainers are medical experts in preventing, recognizing, managing, and rehabilitating injuries from physical activity.

Receiving your MSAT from NAU will prepare you to pass the national BOC examination to become a Certified Athletic Trainer. The first time pass rate on the BOC examination for our previous MSAT students is approximately 85%, exceeding the national average. You will succeed in the real world through clinical education experiences with athletes, athletic trainers, physicians, and therapists. Our program focuses on creating leaders in sports medicine allied healthcare at the state, district, and national levels through skills development and high ethical standards.

Our MSAT program is offered at two NAU campuses: at the Flagstaff Mountain campus and the Phoenix Biomedical campus. However, international students will be assigned to the Flagstaff Mountain campus due to federal laws. If you would like to learn more about NAU and Flagstaff, please visit (<https://nau.edu/About/Welcome/>). If you have any questions, please feel free to contact the Program Director - Dr. Glenn Edgerton at [glenn.edgerton@nau.edu](mailto:glenn.edgerton@nau.edu).

## GENERAL INFORMATION

The estimated costs of MSAT study are based on minimum expenditures and present fees for 9 months of study and health insurance costs. Visit the [NAU Graduate College website](#), specifically for international students.

### Cost of Attendance Information:

- The NAU MSAT Program has a \$1,000 per semester program fee.
- Based on full-time mandatory 9-credits hour registration for fall and spring semesters.
- Please note that you need to add full-time mandatory **5 credit** hours registration for the first summer semester (June – Aug.). The program has a July start date for newly admitted students. New students need to attend an ISSS orientation.
- NAU health insurance is mandatory for all international students.
- All prospective students should be aware of the potential additional costs associated with 12 months living expenses of housing, meals, and book costs.
- Questions should be directed to the Graduate College representative in charge of international student applications/enrollment, currently [britta.cadzow@nau.edu](mailto:britta.cadzow@nau.edu)

## **APPLICATION**

For international students who are interested in applying to our Master of Science in Athletic Training (MSAT) program, we are very excited for your application! Please see some important notes below.

1. Submit an application to the Athletic Training Centralized Application Service (ATCAS) ([CLICK HERE](#)). If you are offered admission to the NAU MSAT Program, you will then be asked to submit an application to the NAU Graduate College.
2. Due to United State federal regulations, and NAU requirements, you must be enrolled in a minimum of 5 credits hours for the first summer courses. These courses are the first courses you will take in our program in July of your first year. The two mandatory courses within our major (AT500-Taping, Bracing, Padding; AT 620- Nutrition for Athletic Performance) total 5 credits.

For more information or clarification, please contact to NAU Graduate College: Britta Cazdow or Courtney Jacobson OR International Student and Scholar Service: [iss@nau.edu](mailto:iss@nau.edu) / (928)523-1520.

3. Deadline to apply to the MSAT is on **January 5** each year, with rolling admissions until our program is full.
4. Applicants qualifying for an interview (after application review) will be invited for an interview in January. The interview will take place via video-conference.
5. Applicants must understand this is a mandatory 2-year program, regardless of previous credit hours or degrees earned.

### ***Requirements***

Admission is competitive and limited, with the number of applicants varying annually. MSAT admission decisions are based on:

1. The course work completed and grade point average (GPA) of applicants:
  - You must have a GPA of 3.00 (scale is 4.00 = "A") minimally, or the equivalent, in the last two years of work leading to the bachelor's degree. As a student in a graduate program, you are expected to have undergraduate experiences, including general education studies, that are similar to those required for the baccalaureate at NAU.
  - Prerequisite coursework (see next page).
2. The minimum English proficiency scores is **80 (TOEFL iBT) or 6.5 (IELTS)**.
  - Score must be sent directly to the NAU Graduate College from the testing institution. The TOEFL school code for ETS is 4006.
3. Proof of CPR certification\* (BLS for Professional Rescuer).

4. Two (2) letters of recommendation (at least one from a certified athletic trainer or sports injury specialist).
5. Undergraduate and Graduate (if applicable) transcripts.
6. Your ATCAS application.
7. An interview (to be scheduled after application review).

### Required Pre-Requisite Courses and Application Requirements

Course	Course Credit
Physics	3
Chemistry	3
Psychology	3
General Biology	3
Human Anatomy	3
Human Physiology	3
Exercise Physiology	3
Kinesiology/Biomechanics	3
Nutrition	3

Provide current CPR/First Aid Certification upon acceptance. CPR certification must be in-person (not online courses) and certifications must be either Basic Life Support (BLS) or Professional Rescuer (PR) from one of the following providers: American Heart Association, American Red Cross, American Safety and Health Institute, Emergency Care and Safety Institute, National Safety Council, or Canadian Red Cross.

In addition to the above pre-requisite courses and CPR certification, the prospective AT student applying for admission into the NAU ATP must provide/demonstrate the following:

- Must have an undergraduate degree to begin/be admitted into the NAU AT Program.
- Minimum GPA for regular admission is 3.0 or above. GPA that fall between 2.5-2.99 may be considered for conditional admission.
- Two letters of recommendation (one letter **must** be from a certified athletic trainer or sports injury specialist)
- Application through the ATCAS application portal
- A personal statement outlining the desires and motivation to become a certified athletic trainer
- An interview (virtual) with two or more program faculty (to be scheduled after application review)

Upon admission, we require that you have a physical exam by a physician; show proof of immunization for hepatitis B, measles mumps, rubella, tetanus, and diphtheria; and attest that you meet the technical standards established by our program and Northern Arizona University's Disability Support Services.

For more information, please visit the athletic training education offices in NAU's College of Health and Human Services or visit our website ([CLICK HERE](#)).

Options to Acquire Academic Prerequisite courses as an international student:

**Option 1:** If you have already met all pre-requisite requirements at the time of application, you are eligible for full admission if selected.

**Option 2:** If you have not yet met all pre-requisite requirements at the time of application and would like to pursue the pre-requisite requirements from within the United States you can achieve this by:

- Applying for the NAU MS-AT program AND a school or college in the United States that offers all of the required prerequisite courses
  - You will be conditionally admitted to the MS-AT program, but will not be eligible to receive an immigration document from NAU until you have met the full prerequisite requirements for the program.
  - You will need to be fully admitted to the school or college of your choice to complete all prerequisite requirements.
  - Upon successful completion of the prerequisites at the school or college of your choice, you will need to submit an official copy of your transcript to the MS-AT program to confirm completion.
  - After the program reviews your transcript, the MS-AT program will then fully admit you into the program, making you eligible to receive immigration documents from NAU.
  - Once fully admitted to the MS-AT program, you will need to request to transfer your SEVIS record from the university you are attending to NAU
    - You will need to provide proof of finances, according to the following section, 'Finance your Education' to be eligible for immigration documents from NAU
  - With a full admission to NAU and sufficient proof of finances, you will receive immigration documents from NAU allowing you to begin your MS-AT program in the following term.

Once admitted into the NAU Graduate College, visit the [Center for International Education website](#) for more information about your transition and move to the US!

## **FINANCE YOUR EDUCATION**

### ***Scholarships***

- Scholarships and Fellowships from Graduate College at NAU
  1. NAU Graduate College and Student Government Scholarships ([CLICK HERE](#))
  2. Office of National and International Scholarships and Fellowships ([CLICK HERE](#))

## DEGREE PROGRESSION

### Required ATP Courses (Starting Summer 2024) (58 credits)

Courses	Course Credit
<b>Summer I Semester (5 credits)</b>	
AT 500 – Taping, Bracing, Splinting in Athletic Training	3
AT 610 – Nutrition for Athletic Performance (online)	2
<b>Fall I Semester (14 credits)</b>	
AT 501 – Clinical Education I	3
AT 520 – Anatomy in Athletic Training	3
AT 530 – Therapeutic Modalities	3
AT 540 – Lower Extremity Evaluation	3
AT 554 – Evidence-Based Practice I (online)	2
<b>Spring I Semester (15 credits)</b>	
AT 502 – Clinical Education II	3
AT 510 – Ethics in Athletic Training	1
AT 525 – Rehabilitation I	3
AT 535 – Pathophysiology/General Medical Conditions	2
AT 545 – Upper Extremity Evaluation	3
AT 555 – Evidence-Based Practice II	3
<b>Fall II Semester (online; 12 credits)</b>	
AT 504 – Clinical Education IV	3
AT 526 – Rehabilitation II	3
AT 536 – Pharmacology in Athletic Training (online; 7 weeks)	1
AT 620 – Administration in Athletic Training	3
AT 630 – Health Informatics/Epidemiology	2
<b>Spring II Semester (online; 12 credits)</b>	
AT 505 – Clinical Education V	4
AT 597 – Comprehensive Exam Reading and Preparation	2
AT 625 – Professional Development in Athletic Training	3
AT 635 – Psychology of the Injured Athlete	3

### Clinical Education

#### Experience in the field

Each semester you are required to take clinical education courses. In clinical courses, you are evaluated throughout the course on specific clinical and professional skills and during class labs, fieldwork experience, and outside practice. You must pass the following clinical education courses:

- AT501 – Clinical Education I (3)
- AT502 – Clinical Education II (3)
- AT504 – Clinical Education IV (3)
- AT505 – Clinical Education V (4)

#### Approved Clinical Sites

The MSAT at NAU is affiliated with over 60 clinical sites in AZ and other states. However, due to federal regulations, 2<sup>nd</sup> year INTERNATIONAL STUDENTS will be assigned to one of the clinical sites in Flagstaff area.